



Cancer Survivorship Conference

for Physicians and
Other Health Care Professionals

October 13-14, 2011



Robert C. Hickey Auditorium
11th Floor, R. Lee Clark Clinic
1515 Holcombe Boulevard
The University of Texas
MD Anderson Cancer Center
Houston, Texas

THE UNIVERSITY OF TEXAS

**MD Anderson
Cancer Center**

Making Cancer History®



Cancer Survivorship Conference

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 The University of Texas MD Anderson Cancer Center
 1515 Holcombe Boulevard, Houston, Texas

Goal

The vision of The University of Texas MD Anderson Cancer Center is to enhance the excellence, value, safety and efficiency of our patient care. The goal of this conference is to provide health care professionals with a firm knowledge and skills in management of post-treatment cancer care and long-term follow up, as well as education about managing psychosocial needs, cancer risk factors, risk-reduction strategies, screening guidelines and training to screen, diagnose and provide relevant follow-up care.

In this way, we will contribute to a growing network of experts who can shape the cancer survivorship service delivery model in a unique and meaningful way.

Educational Objectives

After attending the conference, participants should be able to

- Identify the primary categories of care needs for cancer survivors: cancer surveillance; screening/risk reductions for second cancers, late effects monitoring and management; psychosocial functioning assessment;
- Incorporate disease specific cancer survivorship management of common malignancies into practice;
- Integrate clinical cancer survivorship practice guidelines into clinical practice.

Target Audience

This conference should be of interest to Physicians (Oncology, Family Medicine, Internal Medicine), Physician Assistants, Nurses, Physical & Occupational Therapists, Social Workers.

Educational Methods

Lectures • Questions and Answers • Panel Discussions

Evaluation

A course evaluation form will provide participants with the opportunity to comment on the value of the program content to their practice decisions, performance improvement activities, or possible impact on patient health status. Participants will also have the opportunity to comment on any perceived commercial bias in the presentations as well as to identify future educational topics.

Accreditation/Credit Designation

The University of Texas MD Anderson Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 14.50 *AMA PRA Category 1 Credits*[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Ethics

This course has been designated by The University of Texas MD Anderson Cancer Center for 14.50 *AMA PRA Category 1 Credits*[™] in medical ethics and/or professional responsibility.

Nursing

Nursing Continuing Education Contact Hours will be awarded.

The University of Texas MD Anderson Cancer Center is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Social Work

The University of Texas MD Anderson Cancer Center, Department of Social Work, is an approved provider of Continuing Education Units (CEUs) by the Texas Board of Social Work Examiners.

Social Work CEUs will be awarded upon verification of attendance for each presentation.

CME Certificates and Attendance Verification Certificates

Certificates awarding *AMA PRA Category 1 Credit*[™] or certificates documenting attendance will be distributed to participants when an individual departs the conference. To obtain a CME certificate, physicians must submit a completed evaluation questionnaire and a CME Verification Form.

Upon request, a record of attendance (certificate) will be provided on-site to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.



Program

PROGRAM CHAIR

Alma Rodriguez, MD
VP Medical Affairs

PROGRAM CO-CHAIR

Lewis E. Foxhall, MD
VP Health Policy

MD Anderson Planning Committee

Patricia A. Auerbach-Heitz, OCN, RN
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Maura N. Polansky, MS, PAC
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Social Work

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Chaplaincy & Pastoral Education

Kendra V. Woods, PhD, MS, BS
Academic Affairs/Sr VP Office

Ellen F. Manzullo, MD
GIM, AT, EC

Fran Zandstra, MBA, BSN, OCN, RN
Cancer Survivorship Program

Tina A. Nelson, CMP
CME/Conference Management

Thursday, October 13, 2011

7:00 a.m.

Registration and Continental Breakfast

8:00

Welcome and Opening Remarks
Thomas W. Burke, MD

8:10-8:55

Models for Multidisciplinary Cancer Survivorship Care
Alma Rodriguez, MD

9:00-9:45

Colorectal Cancer Survivorship Guidelines/Management of the Colorectal Cancer Survivor
Cathy Eng, MD

9:50-10:00

Break

10:00-10:45

Hodgkins Lymphoma Survivorship - Guidelines/Management of the Hodgkins Lymphoma Cancer Survivor
Michelle Fanale, MD

10:50-11:35

BREAKOUT SESSION # 1

- **Bone Health** – Mimi I-Nan Hu, MD
- **Lymphedema Assessment & Management** – Jack Fu, MD
- **Pain Management (Non-Pharmacologic)** – Diane M. Novy, PhD; M. Kay Garcia, DRPH
- **Dermatology** – Carol R. Drucker, MD
- **Cardiac Issues in Cancer Survivorship** – Jean-Bernard Durand, MD
- **Sexual Health - Female** – Leslie R. Schover, PhD

11:40-12:30 p.m.

Head & Neck Cancer Survivorship - Guidelines/Management of the Head & Neck Cancer Survivor
Carol Lewis, MD; Kate Hutcheson, PhD

12:35-1:35

Lunch – **Panel Discussion** – Alma Rodriguez, MD – Moderator
Distress Screening & Meeting the Psychosocial Needs of Cancer Survivors
Michelle Fingeret, PhD; Cindy Carmack, PhD
Children's Issues in Cancer Survivorship of Parents and Relatives
Marisa B. Minor, MSW, LCSW

1:45- 2:30

Gynecologic Cancer Survivorship – Guidelines/Management of the Gynecologic Cancer Survivor
Diane C. Bodurka, MD; Shannon Neville Westin, MD

2:35-3:20

BREAKOUT SESSION # 2

- **Bone Health** – Mimi I-Nan Hu, MD
- **Lymphedema Assessment & Management** – Jack Fu, MD
- **Pain Management (Non-Pharmacologic)** – Diane M. Novy, PhD; M. Kay Garcia, DRPH
- **Dermatology** – Carol R. Drucker, MD
- **Cardiac Issues in Cancer Survivorship** – Samantapudi Daya, MD
- **Sexual Health - Female** – Leslie R. Schover, PhD

3:20-3:30

Break

3:35-4:10

GU Cancer Survivorship – Guidelines/Management of the GU Cancer Survivor
Paul Corn, MD, PhD

4:15-5:00

Thyroid Cancer Survivorship – Guidelines/Management of the Thyroid Cancer Survivor
Mouhammed Habra, MD

5:00

Adjourn

6:30 p.m.

Thursday Evening Dinner Session (Additional Fee) Survivors and Caregivers Same Boat –Different Chair
Martin N. Raber, MD

Friday, October 14, 2011

7:00 a.m.

Registration and Continental Breakfast

8:00-8:40

Breast Cancer Survivorship – Guidelines/Management of the Breast Cancer Survivor
P. K. Morrow, MD

8:45-9:30

2nd Primary Tumors
Therese B. Bevers, MD

9:35-10:20

Genetics and Cancer Survivors
Karen H. Lu, MD

10:20-10:30

Break

10:35-11:20

Exercise & Nutritional Issues in Cancer Survivors
Karen Basen-Engquist, PhD

11:30-12:00

Exhibits

12:00-1:00 p.m.

Lunch (Grand Rounds broadcast into Anderson Ballroom)

1:15-1:55

Adult Survivors of Childhood Cancers
Joann L. Ater, MD

2:00-2:40

BREAKOUT SESSION # 3

- **Survivor Stress Assessment & Management** – Mary K. Hughes, APN, MS
- **Integrative Oncology – An Evidence Based Approach to Survivor Care** – Lorenzo Cohen, PhD
- **Pulmonary Rehabilitation** – Vickie R. Shannon, MD
- **Fatigue** – Carmen Escalante, MD
- **Neurocognitive Function** – Jennie Rexer, PhD
- **Sexual Health - Male** – Leslie R. Schover, PhD

2:40-2:45

Break

2:50-3:30

BREAKOUT SESSION # 4

- **Survivor Stress Assessment & Management** – Mary K. Hughes, APN, MS
- **Integrative Oncology – An Evidence Based Approach to Survivor Care** – Lorenzo Cohen, PhD
- **Pulmonary Rehabilitation** – Vickie R. Shannon, MD
- **Fatigue** – Carmen Escalante, MD
- **Neurocognitive Function** – Jennie Rexer, PhD
- **Sexual Health - Male** – Leslie R. Schover, PhD

3:35-4:15

Patient/Health Professional Communication
Daniel Epner, MD

4:20-4:50

Summation and Personal Action Plans

4:55

Closing Remarks

5:00 p.m.

Adjourn

The University of Texas MD Anderson Cancer Center has implemented a process whereby everyone who is in a position to control the content of an educational activity must disclose all relevant financial relationships with any commercial interest that could potentially affect the information presented. MD Anderson also requires that all faculty disclose any unlabeled use or investigational use (not yet approved for any purpose) of pharmaceutical and medical device products. Specific disclosure will be made to the participants prior to the educational activity.

Agendas are subject to change because we are always striving to improve the quality of your educational experience. MD Anderson may substitute faculty with comparable expertise on rare occasions necessitated by illness, scheduling conflicts, and so forth.

Photographing, audio taping, and videotaping are prohibited.



MD Anderson Faculty

Joann L. Ater, MD

Professor
Pediatrics – Patient Care

Therese B. Bevers, MD

Professor
Clinical Cancer Prevention

Diane C. Bodurka, MD

Professor
Gynecologic Oncology

Thomas W. Burke, MD

Professor,
EVP Physician-In-Chief

Cindy Carmack, PhD

Associate Professor
Behavioral Science
Neuro-Oncology

Lorenzo Cohen, PhD

Professor
Behavioral Science

Paul Corn, MD, PhD

Assistant Professor
Genitourinary Medical
Oncology

Samantapudi Daya, MD

Assistant Professor
Cardiology

Carol R. Drucker, MD

Associate Professor
Dermatology

Jean-Bernard Durand, MD

Associate Professor
Cardiology

Cathy Eng, MD

Associate Professor
GI Medical Oncology

Karen Basen-Engquist, PhD

Professor
Behavioral Science

Daniel Epner, MD

Associate Professor
General Oncology

Carmen Escalante, MD

Professor
General Internal Medicine

Michelle Fanale, MD

Assistant Professor
Lymphoma/Myeloma

Michelle Fingeret, PhD

Associate Professor
Behavioral Science

Jack Fu, MD

Assistant Professor
Rehabilitation Medicine

M. Kay Garcia, DRPH

Advanced Practice Nurse
Integrative Medicine Program

Mouhammed Habra, MD

Assistant Professor
Endocrine Neoplasia and HD

Mimi I-Nan Hu, MD

Assistant Professor
Endocrine Neoplasia and HD

Mary K. Hughes, APN, MS

Advanced Practice Nurse
Psychiatry

Kate Hutcheson, PhD

Assistant Professor
Head & Neck Surgery

Carol Lewis, MD

Assistant Professor
Head & Neck Surgery

Karen H. Lu, MD

Professor
Gynecologic Oncology

Marisa B. Minor, MSW, LCSW

Social Work Counselor
Social Work

P. K. Morrow, MD

Assistant Professor
Breast Medical Oncology

Diane M. Novy, PhD

Professor
Pain Medicine

Martin N. Raber, MD

Clinical Professor
GI Medical Oncology

Jennie Rexer, PhD

Assistant Professor
Neuro-Oncology

Alma Rodriguez, MD

VP, Medical Affairs
Office/EVP, Physician-in-Chief

Leslie R. Schover, PhD

Professor
Behavioral Science

Vickie R. Shannon, MD

Professor
Pulmonary Medicine

Shannon Neville Westin, MD

Assistant Professor
Gynecologic Oncology

Registration Information

On-site registration opens at 7:00 a.m. on **Thursday, October 13, 2011**, in the foyer outside Hickey Auditorium on the 11th floor of the R. Lee Clark Clinic building, and the conference will begin at 8:00 a.m. on Thursday, October 13, 2011. Advance registration is encouraged as space and materials are limited. Please see registration form for applicable fees.

The full conference registration fee includes the tuition, syllabus, continental breakfasts, breaks, and lunches. Thursday's dinner session is an additional charge.

The deadline for advance registration is September 29, 2011.

There are three ways to register:

- Mail to: CME/Conference Management – Unit 1381, The University of Texas MD Anderson Cancer Center, P.O. Box 301439, Houston, TX 77230-1439
- Fax to: 713-794-1724
- On-line at www.mdanderson.org/conferences

We accept the following forms of payment:

- Check (payable through U.S. banks only)
- Money Order
- Credit Cards (MasterCard, VISA, and American Express)
- Cash (on-site registration only)

A receipt and confirmation letter will be sent to you within ten working days of receipt of your fee.

Refund/Cancellation Policy:

The registration fee, minus a \$50 administrative handling fee, is refundable if a written request is received on or before September 29, 2011. No refunds will be granted after that date. The request for a registration refund must include the tax identification number of the company or institution if registration was paid by a company or institution check. Although no refunds will be granted after September 29, 2011, you may transfer your registration to a colleague.

The Department of CME/Conference Management reserves the right to cancel activities prior to the scheduled date, if low enrollment or other circumstances make it necessary. Each registrant will be notified by mail, e-mail, or the contact numbers as given on the registration form. In case of activity cancellation, liability of the Department of CME/Conference Management is limited to the registration fee. CME/Conference Management will refund the full registration fee.

The Department of CME/Conference Management reserves the right to limit the number of participants in a program and is not responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

For additional information, contact CME/Conference Management at 713-792-2223 or toll free at 866-849-5866.

Special Assistance

Contact the Department of CME/Conference Management at 713-792-2223 or toll free at 866-849-5866 if you have any special dietary or ADA accommodation needs.

Accommodations

- A block of rooms has been reserved for conference attendees at the **Houston Marriott at the Texas Medical Center**, 6580 Fannin, Houston, Texas 77030
- Early hotel reservation is suggested.
- The Marriott reservations phone number is 713-796-0080.
- When you make reservations be sure to mention the **Cancer Survivorship Conference** to be assured of receiving the special meeting rate of \$139.00 single or double occupancy. Please add 17% Texas state and local taxes.
- Reservations and deposits received after September 16, 2011 will be confirmed if space is available and at current hotel published guest room rates.
- A block of rooms has been reserved for conference attendees at the **Courtyard Marriott Houston Medical Center/Reliant Park**, 7702 Main Street, Houston, Texas 77037
- When you make reservations be sure to mention the **Cancer Survivorship Conference** to be assured of receiving the special meeting rate of \$89.00 single or double occupancy. Please add 17% Texas state and local taxes.
- The Courtyard Marriott reservation phone number is 713-668-4500.
- Reservations and deposits received after September 21, 2011 will be confirmed if space is available and at current hotel published guest room rates.

Air Travel

MD Anderson has a program with Continental Airlines for discounted air travel. For discounts, call your travel professional or Continental's MeetingWorks toll free at 800-468-7022. Outside of the United States, please call your local Continental Airlines Reservation Office. Mention Z Code: **ZIMD** and Agreement Code: **325945**.

Ground Transportation

- Houston is served by two airports, George Bush Intercontinental (IAH) and William P. Hobby (HOU).
- Taxicabs are available at an estimated cost of \$40-60, to or from William P. Hobby Airport or George Bush Intercontinental Airport.
- Super Shuttle operates a shuttle bus between George Bush Intercontinental Airport and hotels in the Houston Medical Center area for \$23 one-way and \$42 round-trip. For more information, call 713-523-8888 or toll-free at 800-258-3826 or on-line at www.supershuttle.com.
- Super Shuttle operates a shuttle bus between William P. Hobby Airport and hotels in the Houston Medical Center area for \$18 one-way and \$32 round-trip. For more information, call 713-523-8888 or toll-free at 800-258-3826 or on-line at www.supershuttle.com.

Please let us know what specific topics, issues or questions you wish to see addressed or emphasized in this activity. Fax or e-mail CME/Conference Management. All responses will be forwarded to the Program Chairs for consideration.

CONFERENCE REGISTRATION - 0520

Cancer Survivorship Conference for Physicians and Other Health Care Professionals - October 13-14, 2011

THIS IS NOT A SELF-MAILER - Address to:
 Cancer Survivorship Conference for Physicians and
 Other Health Care Professionals
 Department of CME/Conference Management – Unit 1381
 The University of Texas MD Anderson Cancer Center
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 or fax to 713-794-1724
 Make check or money order payable to:
 The University of Texas MD Anderson Cancer Center

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REGISTRATION FEES

Physicians

- Before September 29, 2011 \$375.00
- After September 29, 2011 \$425.00

Nurses/Other Health Professionals

- Before September 29, 2011 \$250.00
- After September 29, 2011 \$300.00

MD Anderson Faculty

- Before September 29, 2011 \$200.00
- After September 29, 2011 \$250.00

MD Anderson Nurses/Other Health Professionals

- Before September 29, 2011 \$150.00
- After September 29, 2011 \$200.00

Students/Fellows/Residents

- Before September 29, 2011 \$ 75.00
- After September 29, 2011 \$125.00
- Thursday Dinner** \$ 50.00

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